



MINISTÉRIO DA EDUCAÇÃO
UNIVERSIDADE FEDERAL DE OURO PRETO
PRÓ-REITORIA DE GRADUAÇÃO



COURSE OF PHYSICAL EDUCATION - 2020/1(curriculum 3)
OURO PRETO'S CAMPUS

CODE	MANDATORY DISCIPLINES	PREREQUISITE	SWL	CWL	CLASSES		SEM
					T	P	
CBI199	CYTOLOGY - HISTOLOGY A		60	72	2	2	1
EFD005	SPORT TEACHING METHODOLOGY		60	72	2	2	1
EFD006	RHYTHMIC MOVEMENT FORMATION		30	36	1	1	1
EFD337	GROWTH AND DEVELOPMENT		60	72	4	0	1
EFD338	HISTORY AND PHYSICAL EDUCATION		30	36	2	0	1
EFD339	PHYSICAL EDUCATION, SPORT AND SOCIETY I		30	36	2	0	1
EFD340	RESEARCH METHODOLOGY		30	36	2	0	1
EFD341	PEDAGOGY OF PHYSICAL EDUCATION		30	36	2	0	1
CBI114	HUMAN ANATOMY		60	72	2	2	2
CBI614	BIOCHEMISTRY		60	72	2	2	2
EFD007	FUNDAMENTALS OF GYMNASTIC		30	36	1	1	2
EFD116	DANCES	EFD006	60	72	2	2	2
EFD120	MOTOR LEARNING		30	36	2	0	2
EFD162	PLANNING, EVENTS AND COMPETITIONS MANAGEMENT		30	36	2	0	2
EFD342	PHYSICAL EDUCATION, SPORT AND SOCIETY II		30	36	2	0	2
EFD343	PHYSICAL EDUCATION, PHYSICAL ACTIVITY AND HEALTH		30	36	2	0	2
CBI197	PHYSIOLOGY I		60	72	2	2	3
EAD214	PSYCHOLOGY I		60	72	4	0	3
EFD131	KINESIOLOGY	CBI114	60	72	2	2	3
EFD160	EMERGENCY CARE		30	36	1	1	3
EFD344	HANDBALL		30	36	1	1	3
EFD345	ATHLETICS		30	36	1	1	3
EFD346	GAMES		30	36	1	1	3
EFD347	SCIENTIFIC RESEARCH IN PHYSICAL EDUCATION	EFD340	30	36	2	0	3
CBI198	PHYSIOLOGY II		60	72	2	2	4
EFD010	BASKETBALL		30	36	1	1	4
EFD011	SWIMMING		30	36	1	1	4
EFD126	LEISURE AND PHYSICAL EDUCATION		60	72	2	2	4
EFD127	PHYSICAL EDUCATION MEASURES AND EVALUATION	CBI114	60	72	2	2	4
EFD348	PHYSICAL EDUCATION, SPORTS, RECREATION AND LEISURE FOR PEOPLE WITH DISABILITIES		60	72	2	2	4
EFD132	EXERCISE PHYSIOLOGY I	CBI197	60	72	2	2	5
EFD136	AGING PROCESS AND PHYSICAL EDUCATION		60	72	4	0	5
EFD142	SUPERVISED INTERNSHIP IN PHYSICAL EDUCATION: BACHELORS DEGREE	1200 hours	90	108	2	4	5
EFD143	BIOMECHANICS APPLIED TO HUMAN PERFORMANCE	EFD131	60	72	2	2	5
EFD144	SPORTS SKILLS FOR CHILDREN AND YOUTH	EFD005 EFD120 EFD337	30	36	1	1	5
EFD349	SOCCER AND FUTSAL		30	36	1	1	5
EFD350	PHYSICAL EDUCATION, BODY AND CULTURE		30	36	2	0	5
EFD125	RHYTHMIC GYMNASTICS	EFD006	30	36	1	1	6
EFD134	EXERCISE PHYSIOLOGY II	EFD132	60	72	2	2	6
EFD145	SPORTS TRAINING I	EFD005 EFD132	60	72	2	2	6
EFD146	BACHARELOR PHYSICAL EDUCATION RESEARCH METHODOLOGY	EFD347	30	36	2	0	6
EFD147	SUPERVISED INTERNSHIP - CHILD AND YOUTH SPORTS PRACTICES	EFD142 EFD144	105	126	2	5	6
EFD161	SPORT AND LEISURE PUBLIC POLICIES		30	36	2	0	6
EFD174	SPORT PSYCHOLOGY		30	36	2	0	6
EFD115	ARTISTIC GYMNASTICS	EFD007	30	36	1	1	7
EFD148	EXERCISE TRAINING FOR SPECIAL POPULATIONS	EFD132	60	72	2	2	7
EFD149	SUPERVISED INTERNSHIP – SPORTS TRAINING	EFD142 EFD145	105	126	2	5	7
EFD151	BODYBUILDING		60	72	2	2	7
EFD152	SPORTS TRAINING II	EFD145	30	36	1	1	7
EFD353	FIGHTS		30	36	1	1	7



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CODE	MANDATORY DISCIPLINES	PREREQUISITE	SWL	CWL	CLASSES		SEM
					T	P	
EFD354	VOLLEYBALL		30	36	1	1	7
EFD153	EXERCISE GYM		30	36	1	1	8
EFD154	COURSE COMPLETION SEMINAR: BACHELOR	EFD146	90	108	2	4	8
EFD155	SUPERVISED INTERNSHIP – FITNESS AND SPECIAL GROUPS	EFD127 EFD142 EFD145 EFD148 EFD151	105	126	2	5	8
EFD355	ADVENTURE PHYSICAL ACTIVITY		60	72	2	2	8

CODE	ELECTIVE DISCIPLINES	PREREQUISITE	SWL	CWL	CLASSES		SEM
					T	P	
EFD317	SPECIAL TOPICS IN BASKETBALL	EFD010	30	36	1	1	
EFD318	SPECIAL TOPICS IN VOLLEYBALL	EFD354	30	36	1	1	
EFD319	SPECIAL TOPICS IN FUTSAL	EFD349	30	36	1	1	
EFD320	SPECIAL TOPICS IN SOCCER	EFD349	30	36	1	1	
EFD321	SPECIAL TOPICS IN ATHLETICS	EFD345	30	36	1	1	
EFD322	SPECIAL TOPICS IN SWIMMING	EFD011	30	36	1	1	
EFD323	SPECIAL TOPICS IN HANDBALL	EFD344	30	36	1	1	
EFD324	SPECIAL TOPICS IN DANCE	EFD116	30	36	1	1	
EFD325	PHYSICAL ACTIVITY AND HEALTH PROMOTION		30	36	1	1	
EFD327	ERGONOMICS AND LABOR GYMNASTICS		30	36	1	1	
EFD328	SPECIAL TOPICS IN EXERCISE PHYSIOLOGY	EFD132	30	36	1	1	
EFD329	ENTERPRISES SPORTS MANAGEMENT		30	36	1	1	
EFD330	SPECIAL TOPICS IN BODYBUILDING	EFD151	30	36	1	1	
EFD335	SPECIAL TOPICS IN FIELD TENNIS		30	36	1	1	
EFD336	RESEARCH PRATICE IN PHYSICAL EDUCATION: QUANTITATIVE DATA ANALYSIS	EFD340 EFD347	60	72	2	2	
EFD352	PHYSICAL EXERCISE AND BASES NUTRITION		30	36	1	1	
EFD359	FOOTBALL AND SOCIETY		30	36	1	1	
EFD361	DANCE, BODY, CULTURE AND MOVEMENT	EFD116	30	36	1	1	
EFD362	FLEXIBILITY AND STRETCHING	EFD131	30	36	1	1	
EFD401	GYMNASTICS FOR EVERYONE		30	36	1	1	
EFD402	ADAPTED SPORTS		30	36	1	1	
EFD403	PERSONALIZED TRAINING	EFD145 EFD152	30	36	1	1	
LET966	INTRODUCTION TO BRAZILIAN SIGN LANGUAGE (LIBRAS)		60	72	2	2	
MED425	HEALTH AND SPIRITUALITY		45	54	3	0	

CODE	ACTIVITIES	PREREQUISITE	CHARACTER	SWL	SEM
ATV106			MANDATORY	200	
ATV401			MANDATORY	230	

Required Courses Load	Work Load
Mandatory Disciplines	2625
Elective Disciplines	150
Optative Disciplines	0
Facultative Disciplines	0
Activities	430
Total	3205