



MINISTÉRIO DA EDUCAÇÃO  
UNIVERSIDADE FEDERAL DE OURO PRETO  
PRÓ-REITORIA DE GRADUAÇÃO



COURSE OF PHYSICAL EDUCATION - 2026/1(curriculum 4)

OURO PRETO'S CAMPUS

CODE	MANDATORY DISCIPLINES	PREREQUISITE	SWL/EWL	CWL	CLASSES		SEM
					T	P	
ABI001	INDIGENOUS HISTORIES AND CULTURES IN THE AMERICAS		60/0	72	4	0	1
CBI114	HUMAN ANATOMY		60/0	72	2	2	1
EFD006	RHYTHMIC MOVEMENT FORMATION		30/0	36	1	1	1
EFD338	HISTORY AND PHYSICAL EDUCATION		30/0	36	2	0	1
EFD410	SCIENTIFIC METHODOLOGY, LABORATORY PRACTICES	0 hours	30/0	36	1	1	1
EFD411	HUMAN DEVELOPMENT		60/0	72	4	0	1
EFD412	GAMES AND PLAY IN PHYSICAL EDUCATION		30/0	36	1	1	1
EFD413	EXTENSION AND PROFESSIONAL REALITY SEMINAR I		30/0	36	2	0	1
EFD414	OBSERVATION INTERNSHIP: FAMILIARIZATION WITH THE SCHOOL ENVIRONMENT		60/0	72	2	2	1
EFD433	PEDAGOGICAL PRACTICES IN PHYSICAL EDUCATION		30/0	36	1	1	1
CBI614	BIOCHEMISTRY		60/0	72	2	2	2
EFD005	SPORTS TEACHING METHODOLOGY		60/0	72	2	2	2
EFD415	KINESIOLOGY I		30/0	36	1	1	2
EFD416	MOTOR BEHAVIOR		60/0	72	4	0	2
EFD417	METHODOLOGY OF TEACHING GYMNASTICS		45/0	54	1	2	2
EFD418	SOCIAL MARKERS OF DIFFERENCE AND PHYSICAL EDUCATION		30/0	36	2	0	2
EFD419	PHYSICAL EDUCATION AND PUBLIC HEALTH		30/0	36	2	0	2
EFD420	OBSERVATION PRACTICUM: REFLECTIONS ON TEACHING PRACTICE		60/0	72	30	30	2
EFD434	DANCES		60/0	72	2	2	2
EFD126	LEISURE AND PHYSICAL EDUCATION		60/0	72	2	2	3
EFD160	EMERGENCY CARE		30/0	36	1	1	3
EFD344	HANDBALL		30/0	36	1	1	3
EFD421	KINESIOLOGY II	EFD415	60/0	72	2	2	3
EFD422	ADVENTURE PHYSICAL ACTIVITY AND ENVIRONMENT		45/0	54	1	2	3
EFD423	ATHLETICS		45/0	54	1	2	3
EFD424	DATA ANALYSIS IN PHYSICAL EDUCATION		30/0	36	2	0	3
EFD425	FUTSAL		30/0	36	1	1	3
EFD426	OBSERVATION PRACTICUM: SCHOOL AND THE STAGES OF LIFE		60/0	72	30	30	3
EAD214	PSYCHOLOGY I		60/0	72	4	0	4
EFD011	SWIMMING		30/0	36	1	1	4
EFD132	EXERCISE PHYSIOLOGY I		60/0	72	2	2	4
EFD353	MARTIAL ARTS		30/0	36	1	1	4
EFD427	EVENT PLANNING AND MANAGEMENT		30/0	36	1	1	4
EFD428	PHYSICAL EDUCATION FOR PEOPLE WITH DISABILITIES (PWD)		45/0	54	1	2	4
EFD429	PHYSICAL EDUCATION FOR PEOPLE WITH NEURODEVELOPMENTAL CONDITIONS		30/0	36	1	1	4
EFD430			60/0	72	30	30	4
EFD456	MEASURES AND EVALUATION IN PHYSICAL EDUCATION	EFD415	45/0	54	1	2	4
EDU252	HISTORICAL STUDIES ON EDUCATION		60/0	72	4	0	5
EFD049	RESEARCH PROJECT IN PHYSICAL EDUCATION	EFD410	60/0	72	2	0	5
EFD145	SPORTS TRAINING I	EFD132	60/0	72	2	2	5
EFD354	VOLLEYBALL		30/0	36	1	1	5
EFD435	PHYSICAL EDUCATION TEACHING		30/0	36	30	0	5
EFD457	SUPERVISED INTERNSHIP: PHYSICAL EDUCATION IN EARLY CHILDHOOD EDUCATION		105/0	108	2	5	5
EDU243	PORTUGUESE TEACHING PRACTICE		75/0	90	1	4	6
EFD432	SUPERVISED INTERNSHIP: ELEMENTARY SCHOOL I		60/0	72	2	4	6
EFD436	INTRODUCTION TO POLITICS		30/0	36	2	0	6



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					T	P	
EDU254	POLICIES AND EDUCATIONAL MANAGEMENT		60/0	72	4	0	7
EFD010	BASKETBALL		30/0	36	1	1	7
EFD438	PEDAGOGICAL PRACTICE IN SCHOOL PHYSICAL EDUCATION		45/0	54	2	1	7
EFD439	SUPERVISED INTERNSHIP: ELEMENTARY SCHOOL II		105/0	108	2	5	7
EFD440	SUPERVISED INTERNSHIP: HIGH SCHOOL		105/0	108	2	5	8
EFD441	SOCCER		30/0	36	1	1	8
LET966	INTRODUCTION TO THE BRAZILIAN SIGN LANGUAGE		60/0	72	2	2	8

CODE	ELECTIVE DISCIPLINES	PREREQUISITE	SWL/EWL	CWL	CLASSES		SEM
					T	P	
EFD314	SCHOOL DANCE		30/0	36	1	1	
EFD317	SPECIAL TOPICS IN BASKETBALL		30/0	36	1	1	
EFD318	SPECIAL TOPICS IN VOLLEYBALL		30/0	36	1	1	
EFD319	SPECIAL TOPICS IN FUTSAL		30/0	36	1	1	
EFD320	SPECIAL TOPICS IN SOCCER		30/0	36	1	1	
EFD321	SPECIAL TOPICS IN ATHLETICS		30/0	36	1	1	
EFD322	SPECIAL TOPICS IN SWIMMING		30/0	36	1	1	
EFD323	SPECIAL TOPICS IN HANDBALL		30/0	36	1	1	
EFD324	SPECIAL TOPICS IN DANCE		30/0	36	1	1	
EFD329	SPORTS ENTERPRISES MANAGEMENT		30/0	36	1	1	
EFD333	GAMES AND PLAY IN SCHOOL		30/0	36	1	1	
EFD335	SPECIAL TOPICS IN FIELD TENNIS		30/0	36	1	1	
EFD336	RESEARCH PRATICE IN PHYSICAL EDUCATION: QUANTITATIVE DATA ANALYSIS		60/0	72	2	2	
EFD357	PHYSICAL EDUCATION I: CONTENTS, METHODOLOGIES, AND PRACTICES IN PRESCHOOL EDUCATION		60/0	72	2	2	
EFD358	PHYSICAL EDUCATION II: CONTENT, METHODOLOGIES, AND PRACTICES IN ELEMENTARY SCHOOL		60/0	72	2	2	
EFD359	FOOTBALL AND SOCIETY		30/0	36	1	1	
EFD360	TRENDS AND PEDAGOGICAL APPROACHES TO PHYSICAL EDUCATION		30/0	36	1	1	
EFD361	DANCE, BODY, CULTURE, AND MOVEMENT		30/0	36	1	1	
EFD408	PEDAGOGICAL PRACTICES IN PHYSICAL EDUCATION		30/0	36	1	1	
EFD409	PHYSICAL EDUCATION AND SPECIAL POPULATIONS AT SCHOOL		30/0	36	2	0	

CODE	ACTIVITIES	PREREQUISITE	CHARACTER	SWL	SEM
ATV030			MANDATORY	15	

Required Courses Load	Work Load
Mandatory Disciplines	2580
Elective Disciplines	90
Optative Disciplines	0
Facultative Disciplines	0
Activities	15
Extensions	320
<b>Total</b>	<b>2685</b>