MINISTÉRIO DA EDUCAÇÃO
UNIVERSIDADE FEDERAL DE OURO PRETO
PRÓ-REITORIA DE GRADUAÇÃO

UFOP

COURSE OF NUTRITION - 2026/2(curriculum 5)

OURO PRETO'S CAMPUS

CODE	MANDATORY DISCIPLINES	PREREQUISITE	SWL/EWL	CWL	CLASSES		SEM
					T	P	
ALI001	INTRODUCTION TO NUTRITION COURSE		15/0	18	1	0	1
CBI114	HUMAN ANATOMY		60/0	72	2	2	1
CBI199	CYTOLOGY - HISTOLOGY A		60/0	72	2	2	1
CSO118	INTRODUCTION TO THE SOCIAL SCIENCES		60/0	72	4	0	1
QUI268	GENERAL CHEMISTRY		45/0	54	3	0	1
QUI322	EXPERIMENTAL GENERAL CHEMISTRY APPLIED TO NUTRITION		30/0	36	0	2	1
BEV108	GENETICS TO NUTRITION		30/0	36	2	0	2
CBI014	BIOCHEMISTRY	QUI322	90/0	108	4	2	2
CBI017	PHYSIOLOGY	CBI114	90/0	108	4	2	2
CBI618	GENERAL MICROBIOLOGY B		60/0	72	2	2	2
CSO019	CULTURAL ANTHROPOLOGY	30 hours	30/0	36	2	0	2
NCS001	PUBLIC HEALTH POLICIES		45/0	54	2	1	2
ALI002	FOOD MICROBIOLOGY	CBI618	75/0	90	2	3	3
ALI003	EXPERIMENTAL NUTRITION	CBI014	45/0	54	2	1	3
ALI109	BROMATOLOGY	CBI014 QUI322	75/0	90	2	3	3
CBI016	IMMUNOLOGY	CBI014 CBI199	30/0	36	2	0	3
EST204	BIOSTATISTICS		60/0	72	4	0	3
MED163	DEVELOPMENTAL PSYCHOLOGY		30/0	36	2	0	3
NCS108	HUMAN NUTRITION	CBI014	90/0	108	6	0	3
ALI004	INTEGRATED PRACTICES IN NUTRITION AND HEALTH I: PRACTICES IN FOOD SERVICE		30/0	36	0	2	4
ALI005	FOOD TECHNOLOGY	ALI002 ALI109	75/0	90	3	2	4
ALI006	HYGIENIC-SANITARY QUALITY MANAGEMENT IN FOOD	ALI002	60/0	72	2	2	4
ALI107	DIETARY TECHNIQUE		90/0	108	2	4	4
CBI015	GENERAL PATHOLOGY	CBI199	60/0	72	2	2	4
NCS002	EPIDEMIOLOGY	EST204	60/0	72	2	2	4
NCS003	BIOETHICS AND DEONTOLOGY	750 hours	30/0	36	2	0	4
ALI007	DIETETIC	ALI107 NCS108	75/15	90	3	2	5
CBI143	PARASITOLOGY C		30/0	36	2	0	5
NCS004	NUTRITION PATHOLOGY	CBI015 CBI016 NCS108	75/0	90	5	0	5
NCS005	NUTRITIONAL ASSESSMENT	NCS002 NCS108	75/15	90	3	2	5
NCS006	FOOD CONSUMPTION ASSESSMENT	NCS002 NCS108	45/0	54	3	1	5
NCS024	PRINCIPLES OF CLINICAL NUTRITION	NCS108	45/0	54	2	1	5
ALI008	MENU PLANNING FOR HEALTHY AND SICK COLLECTIVE	ALI107 NCS024	60/0	72	2	2	6
NCS007	FOOD AND NUTRITION EDUCATION	NCS005 NCS006	60/15	72	2	2	6
NCS008	MATERNAL NUTRITION	ALI007 NCS004 NCS005 NCS006	60/0	72	4	0	6
NCS009	FOOD AND NUTRITION POLICIES AND PROGRAMS	NCS001 NCS002 NCS005 NCS006	60/0	72	3	1	6
NCS010	NUTRITIONAL EPIDEMIOLOGY	NCS002	45/0	54	3	0	6
NCS011	DIETOTHERAPY I	ALI007 NCS004 NCS005 NCS024	75/0	90	3	2	6
ALI009	FOOD SERVICES PLANNING	ALI107	75/0	90	3	2	7
FAR039	GENERAL AND FOOD TOXICOLOGY	CBI014	45/0	54	3	0	7
NCS012	DIETOTHERAPY II	ALI007 NCS004 NCS005 NCS024	60/0	72	3	1	7
NCS013	INTEGRATED PRACTICAL IN NUTRITION AND HEALTH II - APPROACH IN COLLECTIVE HEALTH	NCS005 NCS108	30/30	36	0	2	7
NCS016	PEDIATRIC DIETOTHERAPY	NCS005 NCS011	30/0	36	2	0	7
NCS020	HEALTH AND NUTRITION OF ELDERLY POPULATION	NCS011	30/0	36	2	0	7

SWL – SEMESTER WORKLOAD IN HOURS; EWL – EXTENSION WORKLOAD IN HOURS; CWL - 50 MINUTE CLASS WORKLOAD; P - PRACTICAL CLASSES; T - THEORY CLASSES; SEM - SEMESTER

MINISTÉRIO DA EDUCAÇÃO
UNIVERSIDADE FEDERAL DE OURO PRETO
PRÓ-REITORIA DE GRADUAÇÃO

CODE	MANDATORY DISCIPLINES	PREREQUISITE	SWL/EWL	CWL	CLASSES		SEM
					T	P	
NCS123	CHILDREN AND ADOLESCENTS NUTRITION		60/0	72	2	2	7
ALI010	SPORT NUTRITION	ALI007	60/15	72	2	2	8
ALI117	FOOD SERVICE MANAGEMENT	ALI009	75/0	90	3	2	8
MSC027	SOCIAL AND COMMUNITY PSYCHOLOGY	MED163	30/0	36	2	0	8
NCS014	INTEGRATED PRACTICAL IN NUTRITION AND HEALTH III - CLINICAL NUTRITIONAL ASSESSMENT	NCS004 NCS011 NCS012	30/30	36	0	2	8
NCS017	MANDATORY INTERNSHIP IN CLINICAL NUTRITION		270/0	324	0	40	9
ALI012	MANDATORY INTERNSHIP IN COLLECTIVE FOOD NUTRITION		270/0	324	0	40	10
NCS018	MANDATORY INTERNSHIP IN NUTRITION IN COLLECTIVE HEALTH		270/0	324	0	40	10

CODE	ELECTIVE DISCIPLINES	PREREQUISITE	SWL/EWL	CWL	CLASSES		SEM
					T	P	
ALI013	WASTE MANAGEMENT IN FOOD AND NUTRITION SERVICES		30/0	36	1	1	1
ALI016	FOOD AND NUTRITION MARKETING		45/0	54	2	1	1
ALI017	SCIENTIFIC WRITING	1400 hours	30/0	36	1	1	1
CSO117	RESEARCH METHODOLOGY		30/0	36	2	0	1
NCS022	EMERGING TOPICS IN CLINICAL NUTRITION		60/0	72	3	1	1
ALI015	SPECIAL TOPICS IN THE LIFE CYCLES: PLANNING AND EXECUTION OF MENUS		30/0	36	0	2	2
NCS019	: HEALTH PLANNING AND MANAGEMENT		30/0	36	2	0	2
NCS021	PHYTOTHERAPY		30/0	36	2	0	2
NCS023	INTERDISCIPLINARY PRACTICES IN CLINICAL NUTRITION AND COLLECTIVE HEALTH		30/0	36	0	2	2
ALI014	BUSINESS MANAGEMENT IN FOOD AND NUTRITION		30/0	36	2	0	
ALI119	GASTRONOMY PRINCIPLES	ALI107	60/0	72	1	3	
ALI122	SENSORY FOOD ANALYSIS APPLIED TO NUTRITION		30/0	36	1	1	
BEV182	ENVIRONMENTAL EDUCATION		60/0	72	2	2	
CBI281	MOLECULAR BIOLOGY	CBI014	45/0	54	3	0	
CBI617	HUMAN EMBRYOLOGY		30/0	36	1	1	
CGP020	HEALTH AND SPIRITUALITY		45/0	54	3	0	
CSO121	METHODS OF RESEARCH IN SOCIAL SCIENCES		60/0	72	4	0	
EFD301	PHYSICAL EDUCATION AND SPORTS I		30/0	36	0	2	
EFD302	PHYSICAL EDUCATION AND SPORTS II		30/0	36	0	2	
LET966	INTRODUCTION TO THE BRAZILIAN SIGN LANGUAGE		60/0	72	2	2	
PRO035	ENTREPRENEURSHIP		60/30	72	2	2	
PRO120	ECONOMICS		30/0	36	2	0	

CODE	OPTATIVE DISCIPLINES	PREREQUISITE	SWL/EWL	CWL	CLASSES		SEM
					T	P	
ALI011	UNDERGRADUATE THESI	1500 hours CSO118	30/0	36	0	2	9
NCS015	UNDERGRADUATE THESIS	1500 hours CSO118	30/0	36	0	2	9

CODE	ACTIVITIES	PREREQUISITE	CHARACTER	SWL	SEM
ATV100			MANDATORY	90	
ATV300			MANDATORY	325	

SWL – SEMESTER WORKLOAD IN HOURS; EWL – EXTENSION WORKLOAD IN HOURS; CWL - 50 MINUTE CLASS WORKLOAD; P - PRACTICAL CLASSES; T - THEORY CLASSES; SEM - SEMESTER

Required Courses Load		Work Load
Mandatory Disciplines		3465
Elective Disciplines		90
Optative Disciplines		0
Facultative Disciplines		0
Activities		415
Extensions		445
	Total	3970

SWL – SEMESTER WORKLOAD IN HOURS; EWL – EXTENSION WORKLOAD IN HOURS; CWL - 50 MINUTE CLASS WORKLOAD; P - PRACTICAL CLASSES; T - THEORY CLASSES; SEM - SEMESTER